

MEDIA KIT

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HILARY HODGE
THE ART OF PARENTING WHILE SICK

Hilary Hodge

Writer and educator

CONTACT AND SOCIAL MEDIA

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PARTNERSHIPS

- I partner with 17 foundations with a total social media reach of more than 4 million followers
- I work closely with 15 parents with chronic health conditions whose stories I tell in *The Art of Parenting While Sick*
- I also work closely with several therapists, clinicians, child life specialists, genetic counselors, teachers, and more

TESTIMONIALS

"Thank you for making me feel part of something bigger. I get so scared feeling alone with this." -Kerry

"I really loved the scripts and the clear information. It was presented in a really understandable way and very useful." -parent in a training for the Addison's Self-Help Group UK



bio

A champion of parents with chronic conditions, Hilary's writing and classes provide parents with age-appropriate strategies, tools, and scripts for talking to their children about their illness, hospitalizations, medical emergencies, heritable conditions, and much more.

As a mother with two diseases, Hilary draws on her own experience as well as more than 100 hours of interviews with parents, child psychologists, teachers, and medical professionals.

Hilary has worked as an author and editor for Oxford and Cambridge University Presses, Pearson, and National Geographic. She is also an adult education expert and served for many years as the Associate Vice Chancellor of Adult Education for the City Colleges of Chicago. She is currently finishing the book, *The Art of Parenting While Sick*.

She is the patient co-chair of the severe asthma arm of the European Respiratory Society and leads support groups for Adrenal Insufficiency United.

She holds a BA in Spanish, Italian, and Philosophy from Kenyon College and an MA in Linguistics from the University of Florida. She is the Director of the Angers Literary Festival and lives in the Loire Valley in France with her husband and son.

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mission

The Art of Parenting While Sick book and classes strive to help parents with chronic health conditions feel seen and supported and find solidarity in a global community.